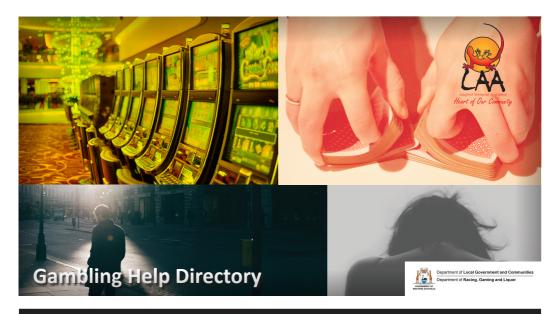


SERVICE NAME	CONTACT DETAILS
Gambling Help Online (24 hour support through real time internet chat and telephone contact) Professional, confidential face-to-face counselling for people who have an issue with gambling. Counselling for the family and friends of people with a gambling issue. Financial counselling to help with gambling-related financial problems. Community education and assistance to reduce the negative effects of gambling.	Call 1800 858 858 anytime Website: www.gamblinghelponline.org.au
Relationships Australia (Western Australia) Counselling services.	Telephone: 1300 364 277 Website: www.relationshipswa.org.au/services/counselling.aspx
Lifeline Crisis support services and online chat (7pm-4am).	Telephone: 13 11 44 Website: www.lifeline.org.au
Smart Recovery Australia Group program assisting people with problematic behaviours.	Telephone: (02) 9373 5100 Email: smartrecovery@srau.org.au Website: www.smartrecoveryaustralia.com.au
Chrysalis Insight Provision of safe, recreational alternatives to poker machine gambling.	Website: www.chrysalisinsight.org.au/index.php
Free Yourself Program (This service includes a fee) Strategies to combat problem gambling.	Website: www.freeyourself.com.au
Women helping Women Support blog for recovering female gamblers.	Website: www.femalegamblers.info
Financial Counselling Australia Independent counselling services.	Financial Counselling Hotline: 1800 007 007 9:30am to 4pm, Monday to Friday. Website: www.financialcounsellingaustralia.org. au/Corporate/Home



PERTH LOCAL – Services are free unless otherwise indicated.	
SERVICE NAME	CONTACT DETAILS
Centrecare Gambling Help WA Financial Counselling Individual and couples counselling and group programs	Speak to a Client Liaison Officer during business hours: Telephone (08) 9325 6644 or (08) 9325 5133
Consumer Credit Legal Service (WA) Inc. Legal advice and representation to consumers in WA in the areas of credit, banking and finance.	Telephone: (08) 9221 7066 Website: www.cclswa.org.au
Gamblers Anonymous Fellowship program that helps assist with recovery from gambling addiction.	Helpline: (08) 9487 0688 Website: www.gansw.org.au/index.htm
Crown Support Advice on all aspects of gambling as well as information on a range of available support services.	Crown Perth Responsible Gambling Information Centre Telephone: (08) 9362 7500 Email: rsg@crownperth.com.au Website: www.crownperth.com.au/casino/ responsible-service-of-gambling/manage-your- gambling

"When I hear the word gambling I hear the word temptation..."

"It takes yourself to jump out of your own space and try and look for help instead of waiting for help."