

***“Gambling influences the family and I feel the whole community, it’s influencing the whole community.”***



## Gambling Help Directory



Department of Local Government and Communities  
Department of Racing, Gaming and Liquor

**NATIONAL** – Services are free unless otherwise indicated.

SERVICE NAME	CONTACT DETAILS
<b>Gambling Help Online</b> <i>(24 hour support through real time internet chat and telephone contact)</i> Professional, confidential face-to-face counselling for people who have an issue with gambling. Counselling for the family and friends of people with a gambling issue. Financial counselling to help with gambling-related financial problems. Community education and assistance to reduce the negative effects of gambling.	Call <b>1800 858 858</b> anytime Website: <a href="http://www.gamblinghelponline.org.au">www.gamblinghelponline.org.au</a>
<b>Relationships Australia (Western Australia)</b> Counselling services.	Telephone: <b>1300 364 277</b> Website: <a href="http://www.relationshipswa.org.au/services/counselling.aspx">www.relationshipswa.org.au/services/counselling.aspx</a>
<b>Lifeline</b> Crisis support services and online chat (7pm-4am).	Telephone: <b>13 11 44</b> Website: <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>
<b>Smart Recovery Australia</b> Group program assisting people with problematic behaviours.	Telephone: <b>(02) 9373 5100</b> Email: <a href="mailto:smartrecovery@srau.org.au">smartrecovery@srau.org.au</a> Website: <a href="http://www.smartrecoveryaustralia.com.au">www.smartrecoveryaustralia.com.au</a>
<b>Chrysalis Insight</b> Provision of safe, recreational alternatives to poker machine gambling.	Website: <a href="http://www.chrysalisinsight.org.au/index.php">www.chrysalisinsight.org.au/index.php</a>
<b>Free Yourself Program</b> <i>(This service includes a fee)</i> Strategies to combat problem gambling.	Website: <a href="http://www.freeyourself.com.au">www.freeyourself.com.au</a>
<b>Women helping Women</b> Support blog for recovering female gamblers.	Website: <a href="http://www.femalegamblers.info">www.femalegamblers.info</a>
<b>Financial Counselling Australia</b> Independent counselling services.	Financial Counselling Hotline: <b>1800 007 007</b> 9:30am to 4pm, Monday to Friday. Website: <a href="http://www.financialcounsellingaustralia.org.au/Corporate/Home">www.financialcounsellingaustralia.org.au/Corporate/Home</a>



PERTH LOCAL – Services are free unless otherwise indicated.	
SERVICE NAME	CONTACT DETAILS
<b>Centrecare Gambling Help WA Financial Counselling</b> Individual and couples counselling and group programs	Speak to a Client Liaison Officer during business hours: Telephone <b>(08) 9325 6644</b> or <b>(08) 9325 5133</b>
<b>Consumer Credit Legal Service (WA) Inc.</b> Legal advice and representation to consumers in WA in the areas of credit, banking and finance.	Telephone: <b>(08) 9221 7066</b> Website: <a href="http://www.cclswa.org.au">www.cclswa.org.au</a>
<b>Gamblers Anonymous</b> Fellowship program that helps assist with recovery from gambling addiction.	Helpline: (08) 9487 0688 Website: <a href="http://www.gansw.org.au/index.htm">www.gansw.org.au/index.htm</a>
<b>Crown Support</b> Advice on all aspects of gambling as well as information on a range of available support services.	Crown Perth Responsible Gambling Information Centre Telephone: <b>(08) 9362 7500</b> Email: <a href="mailto:rsg@crownperth.com.au">rsg@crownperth.com.au</a> Website: <a href="http://www.crownperth.com.au/casino/responsible-service-of-gambling/manage-your-gambling">www.crownperth.com.au/casino/responsible-service-of-gambling/manage-your-gambling</a>

*“When I hear the word gambling I hear the word temptation...”*

*“It takes yourself to jump out of your own space and try and look for help instead of waiting for help.”*